



7. Langenberg-Marathon

Wiemeringhausen / 05.10.2008

0000

Gaedicke, Ralf

000: 3:49:54

00: Arnsberg

00: 20.10 km/h

00: 186

00: 77.00 km

00000/000: 24 (of 164)

Mitteldistanz

00000/0: 24 (of 151)

000000: 3:02:04

0000:

00000: 12(of 64)

Senioren I

0000000: 3:02:04

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Rundenkontrolle	44.00	2:01:35	21.71	12	20:19	24	20:19	44.00	2:01:35	21.71	45		27	13:01
00	33.00	1:48:19	18.28	13	27:31	26	27:31	77.00	3:49:54	20.10	11	47:50	23	47:50