



# 7. Langenberg-Marathon

Wiemeringhausen / 05.10.2008

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van de Moosdijk, Ronald

□□: Endorfin Marathon Team

□□: 202

□□: 77.00 km

Mitteldistanz

□□□□:

Senioren I

□□□: 5:13:55

□□: 14.72 km/h

□□□□□/□□□: 151 (of 164)

□□□□□/□: 138 (of 151)

□□□□□□: 3:02:04

□□□□□: 59(of 64)

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Rundenkontrolle	44.00	2:44:10	16.08	60	1:02:54	141	1:02:54	44.00	2:44:10	16.08	28	14:37	141	55:36
□□	33.00	2:29:45	13.22	58	1:08:57	137	1:08:57	77.00	5:13:55	14.72	59	2:11:51	138	2:11:51