



## 2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

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**Stegelman, Carsten**

□□: Team Lichtenberg/Pagram

□□: 632

□□: 42.19 km

Marathon Lauf

□□□□:

Männer M40

□□□: 3:42:48

□□: 11.31 km/h

□□□□: 5:17 min/km

□□□□□/□□□: 25 (of 96)

□□□□□/□: 23 (of 77)

□□□□□□: 2:54:19

□□□□□: 8(of 17)

□□□□□□□: 3:00:27

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| □□□    | □□    | □□      | □□     | □□ | □□    | □□ | □□    | □□□   | □□□     | □□□    | □□ | □□    | □□ | □□    |
|--------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|-------|----|-------|
|        | km    | □□      | min/km | -  | -     | □  | □     | km    | □□      | min/km | -  | -     | □  | □     |
| □□ 1   | 10.00 | 50:26   | 5:02   | 7  | 6:40  | 23 | 9:35  | 10.00 | 50:26   | 5:02   | 8  | 6:40  | 63 |       |
| □□ 2   | 13.60 | 1:06:26 | 4:53   | 7  | 11:02 | 23 | 13:56 | 23.60 | 1:56:52 | 4:57   | 10 | 2:38  | 55 |       |
| □□ 3   | 7.20  | 44:34   | 6:11   | 10 | 9:04  | 26 | 10:51 | 30.80 | 2:41:26 | 5:14   | 9  |       | 55 |       |
| □□□ □□ | 11.39 | 1:01:22 | 5:23   | 9  | 15:35 | 25 | 15:35 | 42.19 | 3:42:48 | 5:16   | 8  | 42:21 | 23 | 48:29 |