



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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Uttendorfer, Wolfgang

□□□: 3:58:05

□□: DAV Ludwigsburg

□□: 10.63 km/h

□□: 394

□□□□: 5:38 min/km

□□: 42.20 km

□□□□□/□□□: 32 (of 305)

Marathon

□□□□□/□: 32 (of 279)

□□□□□□: 3:13:29

□□□□:

□□□□□: 4(of 61)

Männer M45

□□□□□□□: 3:13:29

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	57:00	5:24	9	8:05	67	14:00	10.55	57:00	5:24	36		40	5:21
2. Runde	10.55	1:00:57	5:46	9	13:50	58	14:39	21.10	1:57:57	5:35	36		40	19:11
3. Runde	10.55	59:48	5:40	4	8:30	26	10:50	31.65	2:57:45	5:36	34		34	27:41
Ziel	10.55	1:00:20	5:43	4	58:24	19	59:48	42.20	3:58:05	5:38	5	44:36	41	2:28:22