



# 7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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Schmutzler, Gerhard

□□□: 3:58:41

□□: IfL Hof

□□: 10.56 km/h

□□: 324

□□□□: 5:40 min/km

□□: 42.20 km

□□□□□/□□□: 36 (of 305)

Marathon

□□□□□/□: 34 (of 279)

□□□□□□: 3:13:29

□□□□:

□□□□□: 10(of 71)

Männer M40

□□□□□□□: 3:26:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	57:49	5:28	23	13:36	85	14:49	10.55	57:49	5:28	44	-	42	6:10
2. Runde	10.55	1:01:17	5:48	15	11:06	61	14:59	21.10	1:59:06	5:38	44	-	42	20:20
3. Runde	10.55	1:01:15	5:48	11	8:00	35	12:17	31.65	3:00:21	5:41	42	-	36	30:17
Ziel	10.55	58:20	5:31	4	57:40	15	57:48	42.20	3:58:41	5:39	12	43:34	43	2:28:58