



# 7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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Kegler, Lars

□□: LG Burgstädt

□□: 182

□□: 42.20 km

Marathon

□□□□:

Männer M20

□□□: 4:06:03

□□: 10.24 km/h

□□□□: 5:50 min/km

□□□□□/□□□: 48 (of 305)

□□□□□/□: 46 (of 279)

□□□□□□: 3:13:29

□□□□□: 4(of 18)

□□□□□□□: 3:42:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	56:21	5:20	7	10:31	61	13:21	10.55	56:21	5:20	13		55	4:42
2. Runde	10.55	59:52	5:40	4	6:55	50	13:34	21.10	1:56:13	5:30	13		55	17:27
3. Runde	10.55	1:03:00	5:58	5	7:41	47	14:02	31.65	2:59:13	5:39	5		48	29:09
Ziel	10.55	1:06:50	6:20	5	1:06:18	45	1:06:18	42.20	4:06:03	5:49	7	2:36:20	56	2:36:20