



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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Soff, Andreas

□□□: 4:13:18

□□: Unterwellenborn

□□: 9.95 km/h

□□: 359

□□□□: 6:00 min/km

□□: 42.20 km

□□□□□/□□□: 58 (of 305)

Marathon

□□□□□/□: 56 (of 279)

□□□□□□: 3:13:29

□□□□:

□□□□□: 5(of 61)

Männer M45

□□□□□□□: 3:13:29

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	1:06:59	6:20	39	18:04	195	23:59	10.55	1:06:59	6:20	38	8:24	68	15:20
2. Runde	10.55	1:08:08	6:27	23	21:01	132	21:50	21.10	2:15:07	6:24	38	8:44	67	36:21
3. Runde	10.55	1:02:25	5:54	6	11:07	40	13:27	31.65	3:17:32	6:14	36		59	47:28
Ziel	10.55	55:46	5:17	3	53:50	7	55:14	42.20	4:13:18	6:00	7	59:49	69	2:43:35