



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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Siebert, Götz

□□: TG Gross-Karben

□□: 351

□□: 42.20 km

Marathon

□□□□:

Männer M50

□□□: 4:25:26

□□: 9.49 km/h

□□□□: 6:17 min/km

□□□□□/□□□: 78 (of 305)

□□□□□/□: 76 (of 279)

□□□□□□: 3:13:29

□□□□□: 9(of 30)

□□□□□□□: 3:35:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	1:06:57	6:20	23	18:10	193	23:57	10.55	1:06:57	6:20	22	4:47	89	15:18	
2. Runde	10.55	1:10:26	6:40	18	18:06	162	24:08	21.10	2:17:23	6:30	22	7:28	88	38:37	
3. Runde	10.55	1:06:28	6:18	8	11:39	70	17:30	31.65	3:23:51	6:26	22		79	53:47	
Ziel	10.55	1:01:35	5:50	3	5:02	26	1:01:03	42.20	4:25:26	6:17	10	1:10:09	90	2:55:43	