



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

□□□□

Gerlach, Gerald

□□□: 4:25:52

□□: Dresden

□□: 9.48 km/h

□□: 115

□□□□: 6:18 min/km

□□: 42.20 km

□□□□□/□□□: 80 (of 305)

Marathon

□□□□□/□: 78 (of 279)

□□□□□□: 3:13:29

□□□□:

□□□□□: 10(of 30)

Männer M50

□□□□□□□: 3:35:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	1:02:35	5:55	16	13:48	138	19:35	10.55	1:02:35	5:55	21	0:25	91	10:56
2. Runde	10.55	1:05:52	6:14	10	13:32	109	19:34	21.10	2:08:27	6:05	21		90	29:41
3. Runde	10.55	1:08:28	6:29	11	13:39	80	19:30	31.65	3:16:55	6:13	21		81	46:51
Ziel	10.55	1:08:57	6:32	11	12:24	60	1:08:25	42.20	4:25:52	6:18	11	1:10:35	92	2:56:09