



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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Bruder, Birgit

□□: TV-Lemberg

□□: 60

□□: 42.20 km

Marathon

□□□□:

Frauen W40

□□□: 4:26:59

□□: 9.44 km/h

□□□□: 6:20 min/km

□□□□□/□□□: 84 (of 305)

□□□□□/□: 3 (of 26)

□□□□□□: 3:58:39

□□□□□: 3(of 6)

□□□□□□□: 3:58:39

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	59:26	5:38	3	4:08	3	4:08	10.55	59:26	5:38	3	4:08	23	
2. Runde	10.55	1:05:26	6:12	3	6:49	3	6:49	21.10	2:04:52	5:55	3	10:57	23	
3. Runde	10.55	1:08:49	6:31	3	7:44	3	7:44	31.65	3:13:41	6:07	3	18:08	23	
Ziel	10.55	1:13:18	6:56	3	14:29	3	14:29	42.20	4:26:59	6:19	3	28:20	5	2:59:11