



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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Schietzel, Heiko

□□□: 4:32:18

□□: LOST BOYS Priestewitz

□□: 9.25 km/h

□□: 310

□□□□: 6:27 min/km

□□: 42.20 km

□□□□□/□□□: 96 (of 305)

Marathon

□□□□□/□: 93 (of 279)

□□□□□□: 3:13:29

□□□□:

□□□□□: 25(of 71)

Männer M40

□□□□□□□: 3:26:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	1:03:01	5:58	37	18:48	145	20:01	10.55	1:03:01	5:58	62	-	107	11:22
2. Runde	10.55	1:05:38	6:13	29	15:27	107	19:20	21.10	2:08:39	6:05	62	-	106	29:53
3. Runde	10.55	1:08:48	6:31	24	15:33	85	19:50	31.65	3:17:27	6:14	52	-	96	47:23
Ziel	10.55	1:14:51	7:05	29	1:14:11	92	1:14:19	42.20	4:32:18	6:27	29	1:17:11	108	3:02:35