



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

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Zeller, Gunther

□□□: 4:38:48

□□: 107

□□: 9.04 km/h

□□□□: 6:37 min/km

□□: 42.20 km
 Marathon

□□□□□/□□□: 112 (of 305)

□□□□□/□: 109 (of 279)

□□□□□□: 3:13:29

□□□□:

□□□□□: 5(of 27)

Männer M55

□□□□□□□: 3:14:53

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	1:00:31	5:44	5	17:31	109	17:31	10.55	1:00:31	5:44	22			124	8:52
2. Runde	10.55	1:06:00	6:15	4	19:12	112	19:42	21.10	2:06:31	5:59	22			123	27:45
3. Runde	10.55	1:11:55	6:49	6	21:48	111	22:57	31.65	3:18:26	6:16	21			112	48:22
Ziel	10.55	1:20:22	7:37	9	25:24	132	1:19:50	42.20	4:38:48	6:36	7	1:23:55	125	3:09:05	