



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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Steinbrecher, Diethard

000: 4:51:05

00: 100 MC

00: 8.66 km/h

00: 365

0000: 6:54 min/km

00: 42.20 km

00000/000: 147 (of 305)

Marathon

00000/0: 142 (of 279)

000000: 3:13:29

0000:

00000: 9(of 27)

Männer M55

0000000: 3:14:53

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
1. Runde	10.55	1:07:27	6:23	17	24:27	202	24:27	10.55	1:07:27	6:23	17	1:14	158	15:48
2. Runde	10.55	1:11:05	6:44	9	24:17	171	24:47	21.10	2:18:32	6:33	17		157	39:46
3. Runde	10.55	1:14:22	7:02	8	24:15	137	25:24	31.65	3:32:54	6:43	17		145	1:02:50
Ziel	10.55	1:18:11	7:24	8	23:13	113	1:17:39	42.20	4:51:05	6:53	12	1:36:12	159	3:21:22