



# 7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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**Staack, Andreas**

□□□: 4:59:39

□□: Henstedt-Ulzburg

□□: 8.41 km/h

□□: 362

□□□□: 7:06 min/km

□□: 42.20 km

□□□□□/□□□: 177 (of 305)

Marathon

□□□□□/□: 170 (of 279)

□□□□□□: 3:13:29

□□□□:

□□□□□: 21(of 30)

Männer M50

□□□□□□□: 3:35:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	1:08:11	6:27	25	19:24	216	25:11	10.55	1:08:11	6:27	10	6:01	186	16:32
2. Runde	10.55	1:13:13	6:56	21	20:53	192	26:55	21.10	2:21:24	6:42	10	11:29	185	42:38
3. Runde	10.55	1:16:28	7:14	20	21:39	157	27:30	31.65	3:37:52	6:53	10	12:10	173	1:07:48
Ziel	10.55	1:21:47	7:45	22	25:14	144	1:21:15	42.20	4:59:39	7:06	22	1:44:22	187	3:29:56