



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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Pallasch, Uta

□□: Frankfurt am Main
 □□: 263

□□: 42.20 km
 Marathon

□□□□:
 Frauen W35

□□□: 5:18:48

□□: 7.90 km/h
 □□□□: 7:34 min/km

□□□□□/□□□: 231 (of 305)

□□□□□/□: 17 (of 26)

□□□□□□: 3:58:39

□□□□□: 3(of 5)

□□□□□□□: 4:59:05

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	1:10:49	6:42	3	5:02	17	15:31	10.55	1:10:49	6:42	3	3:33	9	
2. Runde	10.55	1:17:00	7:17	3	5:51	13	18:23	21.10	2:27:49	7:00	3	9:24	9	
3. Runde	10.55	1:21:42	7:44	2	5:58	14	20:37	31.65	3:49:31	7:15	3	15:22	9	2:00
Ziel	10.55	1:29:17	8:27	3	7:10	19	30:28	42.20	5:18:48	7:33	3	19:43	19	3:51:00