



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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Mascher, Konstanze

□□: Sc impuls erfurt

□□: 435

□□: 42.20 km

Marathon

□□□□:

Frauen W40

□□□: 5:27:46

□□: 7.69 km/h

□□□□: 7:46 min/km

□□□□□/□□□: 250 (of 305)

□□□□□/□: 19 (of 26)

□□□□□□: 3:58:39

□□□□□: 5(of 6)

□□□□□□□: 3:58:39

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|----------|----------|----------|--------------|---------|---------|---------|---------|-------|---------|------|---------|---------|---------|---------|
| 1. Runde | 10.55 | 1:07:00 | 6:21 | 5 | 11:42 | 8 | 11:42 | 10.55 | 1:07:00 | 6:21 | 5 | 11:42 | 7 | |
| 2. Runde | 10.55 | 1:21:50 | 7:45 | 6 | 23:13 | 23 | 23:13 | 21.10 | 2:28:50 | 7:03 | 5 | 34:55 | 7 | 0:43 |
| 3. Runde | 10.55 | 1:29:38 | 8:29 | 6 | 28:33 | 23 | 28:33 | 31.65 | 3:58:28 | 7:32 | 5 | 1:02:55 | 7 | 10:57 |
| Ziel | 10.55 | 1:29:18 | 8:27 | 5 | 30:29 | 20 | 30:29 | 42.20 | 5:27:46 | 7:46 | 5 | 1:29:07 | 21 | 3:59:58 |