



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

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Hahn Jensen, Jesper

□□□: 3:50:23

□□: bp gas

□□: 10.99 km/h

□□: 136

□□□□: 5:28 min/km

□□: 42.20 km

□□□□□/□□□: 18 (of 305)

Marathon

□□□□□/□: 18 (of 279)

□□□□□□: 3:13:29

□□□□:

□□□□□: 6(of 71)

Männer M40

□□□□□□□: 3:26:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
1. Runde	10.55	51:21	4:52	6	7:08	20	8:21	10.55	51:21	4:52	48		25	
2. Runde	10.55	54:25	5:09	5	4:14	17	8:07	21.10	1:45:46	5:00	48		25	7:00
3. Runde	10.55	59:56	5:40	8	6:41	27	10:58	31.65	2:45:42	5:14	46		20	15:38
Ziel	10.55	1:04:41	6:07	12	1:04:01	35	1:04:09	42.20	3:50:23	5:27	8	35:16	26	2:20:40