

7. Unter-Tage Sparkassen Marathon Bürgman- Schacht, Sondershausen / 06.12.2008



Braun, Erik □: USV Jena

__ __: 58

□□: 42.20 km Marathon

Männer M35

□□□: 3:53:22

□□: 10.80 km/h

□□□: 5:32 min/km

_____: 23 (of 305)

____/_: 23 (of 279)

□□□□□□: 3:13:29

□□□□: 6(of 36)

____: 3:17:20

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	km		min/km	-	-			km		min/km	-	-		
1. Runde	10.55	56:41	5:22	16	13:13	63	13:41	10.55	56:41	5:22	24		31	5:02
2. Runde	10.55	59:06	5:36	12	12:48	41	12:48	21.10	1:55:47	5:29	24		31	17:01
3. Runde	10.55	1:00:02	5:41	7	11:04	29	11:04	31.65	2:55:49	5:33	24		25	25:45
Ziel	10.55	57:33	5:27	4	4:41	14	57:01	42.20	3:53:22	5:31	6	36:02	32	2:23:39