



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

0000

Zschäbitz, Ralf

00: Philippsthaler Landgrafen

00: 66

00: 20.15 km

Halbmarathon

0000:

Männer

000: 2:24:54

00: 8.28 km/h

0000: 7:11 min/km

00000/000: 3 (of 6)

00000/0: 2 (of 4)

000000: 1:58:11

00000: 2(of 4)

0000000: 1:58:11

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.15	16:34	5:15	1	-	1	-	3.15	16:34	5:15	2	-	2	-
00 2	3.15	17:04	5:25	1	-	1	-	6.30	33:38	5:20	2	-	2	-
00 3	3.15	17:47	5:38	2	0:38	2	0:38	9.45	51:25	5:26	2	0:03	2	0:03
00 4	3.15	18:18	5:48	2	1:25	2	1:25	12.60	1:09:43	5:31	2	1:28	2	1:28
00 5	3.15	19:03	6:02	2	2:37	2	2:37	15.75	1:28:46	5:38	2	4:05	2	4:05
00 6	3.15	19:19	6:07	2	3:05	2	3:05	18.90	1:48:05	5:43	2	7:10	2	7:10
000 00	3.15	36:49	11:41	3	19:33	3	19:33	20.15	2:24:54	7:11	2	26:43	2	26:43