



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

0000

jesper, hahn jensen

00: bp gas

00: 39

00: 40.95 km

Marathon

0000:

Männer M40

000: 3:15:30

00: 12.28 km/h

0000: 4:46 min/km

00000/0000: 6 (of 78)

00000/0: 6 (of 74)

000000: 2:45:36

00000: 1(of 13)

0000000: 3:15:30

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.15	14:29	4:35	2	0:19	15	2:59	3.15	14:29	4:35	1	-	52	
00 2	3.15	14:24	4:34	1	-	10	2:31	6.30	28:53	4:35	1	-	52	
00 3	3.15	14:28	4:35	1	-	10	14:24	9.45	43:21	4:35	1	-	52	
00 4	3.15	14:40	4:39	1	-	12	2:26	12.60	58:01	4:36	1	-	52	
00 5	3.15	14:37	4:38	1	-	10	2:16	15.75	1:12:38	4:36	1	-	52	
00 6	3.15	15:07	4:47	1	-	12	2:38	18.90	1:27:45	4:38	1	-	52	
00 7	3.15	14:59	4:45	1	-	10	2:24	22.05	1:42:44	4:39	1	-	52	
00 8	3.15	15:20	4:52	1	-	11	2:30	25.20	1:58:04	4:41	1	-	52	
00 9	3.15	15:14	4:50	1	-	5	2:20	28.35	2:13:18	4:42	1	-	52	
00 10	3.15	14:30	4:36	1	-	4	1:21	31.50	2:27:48	4:41	1	-	52	
00 11	3.15	15:20	4:52	1	-	5	1:59	34.65	2:43:08	4:42	1	-	52	
00 12	3.15	16:01	5:05	1	-	5	2:43	37.80	2:59:09	4:44	1	-	52	
000 00	3.15	16:21	5:11	1	-	7	3:08	40.95	3:15:30	4:46	1	-	6	29:54