



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

0000

Bartsch, Frank

000: 4:41:53

00: Der Steiger kommt

00: 8.51 km/h

00: 33

0000: 6:53 min/km

00: 40.95 km

00000/000: 65 (of 78)

Marathon

00000/0: 62 (of 74)

000000: 2:45:36

0000:

00000: 13(of 13)

Männer M40

0000000: 3:15:30

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.15	19:54	6:19	13	5:44	71	8:24	3.15	19:54	6:19	13	5:25	33	3:55
00 2	3.15	21:22	6:46	13	6:58	71	9:29	6.30	41:16	6:33	13	12:23	33	7:55
00 3	3.15	21:56	6:57	13	7:28	74	21:52	9.45	1:03:12	6:41	13	19:51	33	11:57
00 4	3.15	21:28	6:48	13	6:48	72	9:14	12.60	1:24:40	6:43	13	26:39	33	16:16
00 5	3.15	21:14	6:44	13	6:37	69	8:53	15.75	1:45:54	6:43	13	33:16	21	19:33
00 6	3.15	21:45	6:54	13	6:38	73	9:16	18.90	2:07:39	6:45	13	39:54	33	23:15
00 7	3.15	21:05	6:41	13	6:06	59	8:30	22.05	2:28:44	6:44	13	46:00	33	25:59
00 8	3.15	21:51	6:56	13	6:31	62	9:01	25.20	2:50:35	6:46	13	52:31	33	28:50
00 9	3.15	21:03	6:40	10	5:49	52	8:09	28.35	3:11:38	6:45	13	58:20	33	30:58
00 10	3.15	21:06	6:41	10	6:36	50	7:57	31.50	3:32:44	6:45	13	1:04:56	33	32:29
00 11	3.15	21:18	6:45	9	5:58	45	7:57	34.65	3:54:02	6:45	13	1:10:54	33	33:23
00 12	3.15	22:52	7:15	10	6:51	52	9:34	37.80	4:16:54	6:47	13	1:17:45	33	33:56
000 00	3.15	24:59	7:55	13	8:38	61	11:46	40.95	4:41:53	6:53	13	1:26:23	62	1:56:17