



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

□□□□

Riedel, Karl-Jürgen

□□: ESV Lok Zwickau

□□: 87

□□: 40.95 km

Marathon

□□□□:

Männer M60

□□□: 4:42:54

□□: 8.48 km/h

□□□□: 6:55 min/km

□□□□□/□□□: 69 (of 78)

□□□□□/□: 65 (of 74)

□□□□□□: 2:45:36

□□□□□: 4(of 4)

□□□□□□□: 3:31:28

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.15	20:13	6:25	4	5:43	74	8:43	3.15	20:13	6:25	4	5:43	30	4:14	
□□ 2	3.15	19:36	6:13	2	4:25	64	7:43	6.30	39:49	6:19	4	10:08	30	6:28	
□□ 3	3.15	19:37	6:13	2	4:13	61	19:33	9.45	59:26	6:17	4	14:21	30	8:11	
□□ 4	3.15	19:47	6:16	2	4:08	59	7:33	12.60	1:19:13	6:17	4	18:29	30	10:49	
□□ 5	3.15	20:19	6:26	2	4:18	64	7:58	15.75	1:39:32	6:19	4	22:47	30	13:11	
□□ 6	3.15	20:25	6:28	2	4:09	59	7:56	18.90	1:59:57	6:20	4	26:56	30	15:33	
□□ 7	3.15	22:26	7:07	4	5:57	73	9:51	22.05	2:22:23	6:27	4	32:53	30	19:38	
□□ 8	3.15	21:23	6:47	2	4:57	56	8:33	25.20	2:43:46	6:29	4	37:50	30	22:01	
□□ 9	3.15	23:18	7:23	4	6:40	66	10:24	28.35	3:07:04	6:35	4	44:30	30	26:24	
□□ 10	3.15	22:45	7:13	4	6:02	59	9:36	31.50	3:29:49	6:39	4	50:32	30	29:34	
□□ 11	3.15	23:54	7:35	4	6:52	60	10:33	34.65	3:53:43	6:44	4	57:24	30	33:04	
□□ 12	3.15	25:06	7:58	4	7:39	64	11:48	37.80	4:18:49	6:50	4	1:05:03	30	35:51	
□□□ □□	3.15	24:05	7:38	4	6:23	58	10:52	40.95	4:42:54	6:54	4	1:11:26	65	1:57:18	