



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

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Antoni, Günter

□□: 101 Marathon Club

□□: 90

□□: 40.95 km

Marathon

□□□□:

Männer M65

□□□: 5:02:06

□□: 8.13 km/h

□□□□: 7:23 min/km

□□□□□/□□□: 76 (of 78)

□□□□□/□: 72 (of 74)

□□□□□□: 2:45:36

□□□□□: 1(of 1)

□□□□□□□: 5:02:06

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	3.15	19:53	6:18	1	-	70	8:23	3.15	19:53	6:18	1	-	23	3:54
□□ 2	3.15	21:22	6:46	1	-	71	9:29	6.30	41:15	6:32	1	-	21	7:54
□□ 3	3.15	21:50	6:55	1	-	72	21:46	9.45	1:03:05	6:40	1	-	23	11:50
□□ 4	3.15	22:10	7:02	1	-	74	9:56	12.60	1:25:15	6:45	1	-	23	16:51
□□ 5	3.15	21:48	6:55	1	-	72	9:27	15.75	1:47:03	6:47	1	-	23	20:42
□□ 6	3.15	21:31	6:49	1	-	72	9:02	18.90	2:08:34	6:48	1	-	23	24:10
□□ 7	3.15	22:04	7:00	1	-	70	9:29	22.05	2:30:38	6:49	1	-	23	27:53
□□ 8	3.15	22:41	7:12	1	-	68	9:51	25.20	2:53:19	6:52	1	-	23	31:34
□□ 9	3.15	24:06	7:39	1	-	69	11:12	28.35	3:17:25	6:57	1	-	23	36:45
□□ 10	3.15	24:51	7:53	1	-	68	11:42	31.50	3:42:16	7:03	1	-	23	42:01
□□ 11	3.15	26:44	8:29	1	-	70	13:23	34.65	4:09:00	7:11	1	-	23	48:21
□□ 12	3.15	25:41	8:09	1	-	67	12:23	37.80	4:34:41	7:16	1	-	23	51:43
□□□ □□	3.15	27:25	8:42	1	-	69	14:12	40.95	5:02:06	7:22	1	-	72	2:16:30