



4. Walk in Herne

Herne / 22.03.2009

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Beier, Rudolf

□□: Koronarsportverein Distel-Walker

□□: 20507

□□: 20.00 km

Nordic Walking

□□□: 2:42:33

□□: 7.38 km/h

□□□□□□: 300

□□□□: 24.50

□□□□: 181 □