



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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Jensch, Hermann

□□□: 1:53:12

□□: Beulshausen

□□: 21.20 km/h

□□: 448

□□: 40.80 km

□□□□□/□□□: 56 (of 156)

Mitteldistanz Hobby

□□□□□/□: 56 (of 147)

□□□□□□: 1:34:38

□□□□:

□□□□□: 17(of 47)

Senioren I Hobby

□□□□□□□: 1:36:38

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	42:14	22.73	10	14:52	31	14:52	16.30	42:14	22.73	41	1:04	61	
□□ 2	20.40	59:08	20.29	20	10:27	67	59:04	36.70	1:41:22	21.31	40		56	15:48
□□□ □□	4.10	11:50	20.28	29	2:20	84	2:56	40.80	1:53:12	21.20	17	16:34	61	56:00