



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

□□□□

Nies, Hauke

□□□: 1:59:43

□□: Hildesheim

□□: 20.05 km/h

□□: 439

□□: 40.80 km

□□□□□/□□□: 76 (of 156)

Mitteldistanz Hobby

□□□□□/□: 76 (of 147)

□□□□□□: 1:34:38

□□□□:

□□□□□: 35(of 63)

Masters männlich Hobby

□□□□□□□: 1:34:38

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	46:16	20.75	30	9:10	67	18:54	16.30	46:16	20.75	6	-	81	-
□□ 2	20.40	1:00:50	19.73	34	1:00:46	76	1:00:46	36.70	1:47:06	20.17	5	-	76	21:32
□□□ □□	4.10	12:37	19.02	43	3:39	105	3:43	40.80	1:59:43	20.05	37	1:02:31	81	1:02:31