



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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Ostermann, Sascha

□□□: 2:01:25

□□: MTB Race Team Höxter

□□: 19.77 km/h

□□: 99

□□: 40.80 km

□□□□□/□□□: 84 (of 156)

Mitteldistanz Hobby

□□□□□/□: 83 (of 147)

□□□□□□: 1:34:38

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□□□□□: 6(of 8)

Junioren U 19 Hobby

□□□□□□□: 1:34:56

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	48:31	19.79	6	11:23	89	21:09	16.30	48:31	19.79	7		88	2:12
□□ 2	20.40	1:00:36	19.80	6	11:42	75	1:00:32	36.70	1:49:07	19.80	6	23:05	83	23:33
□□□ □□	4.10	12:18	19.51	5	3:24	95	3:24	40.80	2:01:25	19.77	7	40:45	88	1:04:13