



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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**Armbrecht, Nico**

□□□: 2:04:51

□□: Cicli-Club Northeim

□□: 19.61 km/h

□□: 227

□□: 40.80 km

□□□□□/□□□: 93 (of 156)

Mitteldistanz Hobby

□□□□□/□: 92 (of 147)

□□□□□□: 1:34:38

□□□□:

□□□□□: 40(of 63)

Masters männlich Hobby

□□□□□□□: 1:34:38

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	49:14	19.86	43	12:08	96	21:52	16.30	49:14	19.86	11	-	97	2:55
□□ 2	20.40	1:02:28	19.59	39	1:02:24	88	1:02:24	36.70	1:51:42	19.71	10	-	92	26:08
□□□ □□	4.10	13:09	18.71	49	4:11	114	4:15	40.80	2:04:51	19.61	42	1:07:39	97	1:07:39