



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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Göldner, Jan

□□□: 2:05:18

□□: Kona Bongo Bongo

□□: 19.15 km/h

□□: 38

□□: 40.80 km

□□□□□/□□□: 94 (of 156)

Mitteldistanz Hobby

□□□□□/□: 93 (of 147)

□□□□□□: 1:34:38

□□□□:

□□□□□: 41(of 63)

Masters männlich Hobby

□□□□□□□: 1:34:38

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	49:05	19.56	42	11:59	93	21:43	16.30	49:05	19.56	12	-	98	2:46
□□ 2	20.40	1:04:02	18.74	43	1:03:58	96	1:03:58	36.70	1:53:07	19.10	11	-	93	27:33
□□□ □□	4.10	12:11	19.70	41	3:13	93	3:17	40.80	2:05:18	19.15	43	1:08:06	98	1:08:06