



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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**Babuder, Hans**

□□□: 2:07:09

□□: RC Endspurt Herford

□□: 18.88 km/h

□□: 22

□□: 40.80 km

□□□□□/□□□: 100 (of 156)

Mitteldistanz Hobby

□□□□□/□: 99 (of 147)

□□□□□□: 1:34:38

□□□□:

□□□□□: 6(of 7)

Senioren II Hobby

□□□□□□□: 1:42:31

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	49:08	19.54	5	8:49	94	21:46	16.30	49:08	19.54	6	8:49	104	2:49
□□ 2	20.40	1:03:52	18.79	6	11:33	93	1:03:48	36.70	1:53:00	19.12	6	20:10	99	27:26
□□□ □□	4.10	14:09	16.96	6	4:28	126	5:15	40.80	2:07:09	18.88	6	24:38	104	1:09:57