



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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Abrams, Edurard

□□□: 2:10:49

□□: Hildesheim

□□: 18.35 km/h

□□: 480

□□: 40.80 km

□□□□□/□□□: 110 (of 156)

Mitteldistanz Hobby

□□□□□/□: 109 (of 147)

□□□□□□: 1:34:38

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□□□□□: 48(of 63)

Masters männlich Hobby

□□□□□□□: 1:34:38

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	49:22	19.45	45	12:16	99	22:00	16.30	49:22	19.45	19	-	114	3:03
□□ 2	20.40	1:07:33	17.76	48	1:07:29	106	1:07:29	36.70	1:56:55	18.47	18	-	109	31:21
□□□ □□	4.10	13:54	17.27	52	4:56	122	5:00	40.80	2:10:49	18.35	50	1:13:37	114	1:13:37