



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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Müller, Dietmar

□□□: 2:24:43

□□: RC Endspurt Herford

□□: 25.29 km/h

□□: 358

□□: 61.20 km

□□□□□/□□□: 6 (of 17)

Langdistanz Lizenz

□□□□□/□: 6 (of 16)

□□□□□□: 2:16:20

□□□□:

□□□□□: 1(of 7)

Senioren I Lizenz

□□□□□□□: 2:24:43

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	36:31	26.29	1	-	4	0:35	16.30	36:31	26.29	2	-	7	-
□□ 2	20.40	46:30	25.81	2	46:27	4	46:27	36.70	1:23:01	26.02	2	-	7	-
□□ 3	20.40	51:35	23.26	1	-	6	5:51	57.10	2:14:36	25.41	1	-	6	6:23
□□□ □□	4.10	10:07	23.72	1	-	6	2:00	61.20	2:24:43	25.29	2	24:09	7	24:09