



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

□□□□

Müller, Dietmar

□□□: 2:24:43

□□: RC Endspurt Herford

□□: 25.37 km/h

□□: 358

□□: 61.20 km

□□□□□/□□□: 6 (of 17)

Langdistanz Lizenz

□□□□□/□: 6 (of 16)

□□□□□□: 2:16:20

□□□□:

□□□□□: 1(of 7)

Senioren I Lizenz

□□□□□□□: 2:24:43

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| □□ 1 | 16.30 | 36:31 | 26.78 | 1 | - | 4 | 0:35 | 16.30 | 36:31 | 26.78 | 2 | - | 7 | - |
| □□ 2 | 20.40 | 46:30 | 26.32 | 2 | 46:27 | 4 | 46:27 | 36.70 | 1:23:01 | 26.52 | 2 | - | 7 | - |
| □□ 3 | 20.40 | 51:35 | 23.73 | 1 | - | 6 | 5:51 | 57.10 | 2:14:36 | 25.45 | 1 | - | 6 | 6:23 |
| □□□ □□ | 4.10 | 10:07 | 24.32 | 1 | - | 6 | 2:00 | 61.20 | 2:24:43 | 25.37 | 2 | 24:09 | 7 | 24:09 |