



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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Metje-Busch, Sabine

□□□: 2:30:12

□□: mmm-bikes.com

□□: 15.98 km/h

□□: 277

□□: 40.80 km

□□□□□/□□□: 138 (of 156)

Mitteldistanz Hobby

□□□□□/□: 5 (of 9)

□□□□□□: 2:00:32

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□□□□□: 2(of 3)

Masters weiblich Hobby

□□□□□□□: 2:25:57

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	57:28	16.71	1	-	4	9:39	16.30	57:28	16.71	2	-	5	9:39
□□ 2	20.40	1:17:16	15.53	2	3:45	5	16:23	36.70	2:14:44	16.03	2	2:07	5	26:02
□□□ □□	4.10	15:28	15.52	3	2:08	6	3:38	40.80	2:30:12	15.98	2	4:15	5	29:40