



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

□□□□

Siebrecht, Ines

□□□: 2:33:54

□□: Freising

□□: 15.59 km/h

□□: 274

□□: 40.80 km

□□□□□/□□□: 140 (of 156)

Mitteldistanz Hobby

□□□□□/□: 6 (of 9)

□□□□□□: 2:00:32

□□□□:

□□□□□: 3(of 3)

Masters weiblich Hobby

□□□□□□□: 2:25:57

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	1:01:48	15.53	3	4:20	7	13:59	16.30	1:01:48	15.53	3	2:42	6	13:59
□□ 2	20.40	1:18:13	15.34	3	4:42	6	17:20	36.70	2:20:01	15.43	3	7:24	6	31:19
□□□ □□	4.10	13:53	17.29	2	0:33	4	2:03	40.80	2:33:54	15.59	3	7:57	6	33:22