



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

□□□□

Kneifel, Martina

□□□: 2:37:46

□□: MBC Hannover e.V.

□□: 15.52 km/h

□□: 457

□□: 40.80 km

□□□□□/□□□: 144 (of 156)

Mitteldistanz Hobby

□□□□□/□: 7 (of 9)

□□□□□□: 2:00:32

□□□□:

□□□□□: 2(of 3)

Seniorinnen I Hobby

□□□□□□□: 2:25:46

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	1:01:43	15.85	2	5:00	6	13:54	16.30	1:01:43	15.85	2	5:00	7	13:54
□□ 2	20.40	1:20:17	15.25	2	5:04	7	19:24	36.70	2:22:00	15.51	2	10:04	7	33:18
□□□ □□	4.10	15:46	15.60	2	1:56	7	3:56	40.80	2:37:46	15.52	2	12:00	7	37:14