



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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Schwetje, Wolfgang

□□□: 2:38:16

□□: MBC Hannover e.V.

□□: 15.16 km/h

□□: 456

□□: 40.80 km

□□□□□/□□□: 12 (of 12)

Mitteldistanz Lizenz

□□□□□/□: 12 (of 12)

□□□□□□: 1:31:35

□□□□:

□□□□□: 4(of 4)

Senioren I Lizenz

□□□□□□□: 1:41:31

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|--------|-------|---------|-------|----|-------|----|-------|-------|---------|-------|----|-------|----|---------|
| | km | □□ | km/h | - | - | □ | □ | km | □□ | km/h | - | - | □ | □ |
| □□ 1 | 16.30 | 1:01:53 | 15.51 | 4 | 20:50 | 12 | 25:16 | 16.30 | 1:01:53 | 15.51 | 4 | 20:50 | 12 | 25:16 |
| □□ 2 | 20.40 | 1:20:11 | 14.97 | 4 | 29:17 | 12 | 34:07 | 36.70 | 2:22:04 | 15.20 | 4 | 50:07 | 12 | 59:23 |
| □□□ □□ | 4.10 | 16:12 | 14.81 | 4 | 6:38 | 12 | 7:34 | 40.80 | 2:38:16 | 15.16 | 4 | 56:45 | 12 | 1:06:41 |