



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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Schwetje, Wolfgang

□□□: 2:38:16

□□: MBC Hannover e.V.

□□: 15.16 km/h

□□: 456

□□: 40.80 km

□□□□□/□□□: 12 (of 12)

Mitteldistanz Lizenz

□□□□□/□: 12 (of 12)

□□□□□□: 1:31:35

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□□□□□: 4(of 4)

Senioren I Lizenz

□□□□□□□: 1:41:31

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	1:01:53	15.51	4	20:50	12	25:16	16.30	1:01:53	15.51	4	20:50	12	25:16
□□ 2	20.40	1:20:11	14.97	4	29:17	12	34:07	36.70	2:22:04	15.20	4	50:07	12	59:23
□□□ □□	4.10	16:12	14.81	4	6:38	12	7:34	40.80	2:38:16	15.16	4	56:45	12	1:06:41