



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

□□□□

Wacker, Andreas

□□□: 2:42:02

□□: RSC Rot Gold Bremen

□□: 22.66 km/h

□□: 362

□□: 61.20 km

□□□□□/□□□: 8 (of 17)

Langdistanz Lizenz

□□□□□/□: 8 (of 16)

□□□□□□: 2:16:20

□□□□:

□□□□□: 2(of 7)

Senioren I Lizenz

□□□□□□□: 2:24:43

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	41:01	23.84	2	4:30	8	5:05	16.30	41:01	23.84	4		10	
□□ 2	20.40	53:21	22.94	3	53:18	9	53:18	36.70	1:34:22	23.33	4		10	
□□ 3	20.40	56:09	21.80	3	4:34	9	10:25	57.10	2:30:31	22.76	2	15:55	8	22:18
□□□ □□	4.10	11:31	21.36	4	1:24	13	3:24	61.20	2:42:02	22.66	4	41:28	10	41:28