



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

□□□□

Schmidt, Ingo

□□□: 2:47:23

□□: Springe

□□: 21.94 km/h

□□: 302

□□: 61.20 km

□□□□□/□□□: 16 (of 41)

Langdistanz Hobby

□□□□□/□: 16 (of 39)

□□□□□□: 2:18:08

□□□□:

□□□□□: 7(of 14)

Senioren I Hobby

□□□□□□□: 2:18:08

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	44:21	22.05	7	7:55	20	7:58	16.30	44:21	22.05	8		3	
□□ 2	20.40	55:12	22.17	8	19:55	17	19:55	36.70	1:39:33	22.12	7	16:57	2	
□□ 3	20.40	57:16	21.37	7	10:32	15	10:32	57.10	2:36:49	21.85	7	27:29	18	
□□□ □□	4.10	10:34	23.28	5	1:46	13	8:48	61.20	2:47:23	21.94	8	48:52	22	1:36:14