



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

□□□□

Wakulinko, Willi

□□□: 2:51:00

□□: Garbsen

□□: 21.40 km/h

□□: 453

□□: 61.20 km

□□□□□/□□□: 18 (of 41)

Langdistanz Hobby

□□□□□/□: 18 (of 39)

□□□□□□: 2:18:08

□□□□:

□□□□□: 8(of 14)

Senioren I Hobby

□□□□□□□: 2:18:08

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□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| □□ 1 | 16.30 | 43:50 | 21.90 | 6 | 7:24 | 16 | 7:27 | 16.30 | 43:50 | 21.90 | 9 | | 5 | |
| □□ 2 | 20.40 | 55:31 | 21.62 | 9 | 20:14 | 18 | 20:14 | 36.70 | 1:39:21 | 21.74 | 8 | 16:45 | 4 | |
| □□ 3 | 20.40 | 1:00:13 | 19.93 | 9 | 13:29 | 18 | 13:29 | 57.10 | 2:39:34 | 21.43 | 8 | 30:14 | 2 | |
| □□□ □□ | 4.10 | 11:26 | 20.99 | 8 | 2:38 | 21 | 9:40 | 61.20 | 2:51:00 | 21.40 | 9 | 52:29 | 24 | 1:39:51 |