



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

□□□□

Schlesinger, Rolf

□□□: 2:56:31

□□: IBC Racing-Team

□□: 20.73 km/h

□□: 364

□□: 61.20 km

□□□□□/□□□: 15 (of 17)

Langdistanz Lizenz

□□□□□/□: 14 (of 16)

□□□□□□: 2:16:20

□□□□:

□□□□□: 2(of 2)

Senioren II Lizenz

□□□□□□□: 2:46:46

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	44:28	21.59	2	1:42	13	8:32	16.30	44:28	21.59	2	1:42	16	
□□ 2	20.40	58:43	20.44	2	4:13	15	58:40	36.70	1:43:11	20.93	2	5:55	16	
□□ 3	20.40	1:01:58	19.37	2	3:38	14	16:14	57.10	2:45:09	20.71	2	9:33	14	36:56
□□□ □□	4.10	11:22	21.11	2	0:12	12	3:15	61.20	2:56:31	20.73	2	9:45	16	55:57