



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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Loth, Steffen W.

□□□: 3:07:59

□□: MBC Hannover e.V.

□□: 19.47 km/h

□□: 345

□□: 61.20 km

□□□□□/□□□: 26 (of 41)

Langdistanz Hobby

□□□□□/□: 26 (of 39)

□□□□□□: 2:18:08

□□□□:

□□□□□: 10(of 15)

Masters männlich Hobby

□□□□□□□: 2:19:43

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	48:02	19.99	11	11:39	26	11:39	16.30	48:02	19.99	12	4:02	13	
□□ 2	20.40	1:01:36	19.48	10	15:22	27	26:19	36.70	1:49:38	19.70	12	7:30	12	0:21
□□ 3	20.40	1:06:08	18.15	10	18:33	28	19:24	57.10	2:55:46	19.46	10	45:34	1	-
□□□ □□	4.10	12:13	19.65	11	2:42	30	10:27	61.20	3:07:59	19.47	12	1:14:33	32	1:56:50