



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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**Haschke, Detlef**

□□□: 3:10:11

□□: Velo Voss Göttingen

□□: 19.24 km/h

□□: 330

□□: 61.20 km

□□□□□/□□□: 27 (of 41)

Langdistanz Hobby

□□□□□/□: 27 (of 39)

□□□□□□: 2:18:08

□□□□:

□□□□□: 1(of 2)

Senioren II Hobby

□□□□□□□: 3:10:11

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	49:37	19.35	1	-	27	13:14	16.30	49:37	19.35	2	-	14	
□□ 2	20.40	1:04:48	18.52	1	-	31	29:31	36.70	1:54:25	18.88	2	-	13	5:08
□□ 3	20.40	1:04:25	18.63	1	-	26	17:41	57.10	2:58:50	19.12	1	-	11	3:04
□□□ □□	4.10	11:21	21.15	1	-	19	9:35	61.20	3:10:11	19.24	2	1:01:27	33	1:59:02