



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

□□□□

Stiller, Martin

□□□: 3:25:52

□□: Harsum

□□: 17.84 km/h

□□: 349

□□: 61.20 km

□□□□□/□□□: 32 (of 41)

Langdistanz Hobby

□□□□□/□: 32 (of 39)

□□□□□□: 2:18:08

□□□□:

□□□□□: 13(of 15)

Masters männlich Hobby

□□□□□□□: 2:19:43

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	46:58	20.82	9	10:35	24	10:35	16.30	46:58	20.82	15	2:58	19	
□□ 2	20.40	1:09:25	17.63	14	23:11	36	34:08	36.70	1:56:23	18.92	15	14:15	18	7:06
□□ 3	20.40	1:15:15	16.27	13	27:40	33	28:31	57.10	3:11:38	17.88	13	1:01:26	16	15:52
□□□ □□	4.10	14:14	17.28	15	4:43	38	12:28	61.20	3:25:52	17.84	15	1:32:26	38	2:14:43