



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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Schmidt, Ronald

□□□: 1:01:46

□□: Team ostwest-express

□□: 19.43 km/h

□□: 449

□□: 20.40 km

□□□□□/□□□: 14 (of 30)

Kurzdistanz Hobby

□□□□□/□: 13 (of 26)

□□□□□□: 45:12

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□□□□□: 5(of 8)

Senioren I Hobby

□□□□□□□: 50:54

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	49:49	19.27	5	8:43	14	13:15	16.30	49:49	19.27	5	8:43	15	
□□□ □□	4.10	11:57	20.08	5	2:09	11	3:23	20.40	1:01:46	19.43	5	10:52	13	16:34