



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

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Schröder, Thomas

□□□: 1:38:58

□□: Eleven-eatandwin.de

□□: 24.74 km/h

□□: 445

□□: 40.80 km

□□□□□/□□□: 5 (of 12)

Mitteldistanz Lizenz

□□□□□/□: 5 (of 12)

□□□□□□: 1:31:35

□□□□:

□□□□□: 3(of 3)

Masters männlich Lizenz

□□□□□□□: 1:34:21

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	39:11	24.96	3	1:50	5	2:34	16.30	39:11	24.96	3	1:50	5	2:34
□□ 2	20.40	50:07	24.42	3	2:26	5	4:03	36.70	1:29:18	24.66	3	3:50	5	6:37
□□□ □□	4.10	9:40	25.45	3	1:02	6	1:02	40.80	1:38:58	24.74	3	4:37	5	7:23