



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

□□□□

Zurek-Imhoff, Beatrix

□□□: 1:47:14

□□: Hohe Ward Gazellen/TuS Hilstrup

□□: 7.27 km/h

□□: 1025

□□□□□□: 414

□□: 13.00 km

□□□□: 19.21

Walking

□□□□: 140 □