



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

□□□□

Nigbur, Karin

□□□: 2:05:50

□□: Koronarsportverein Distel-Walker

□□: 6.20 km/h

□□: 1599

□□□□□□: 414

□□: 13.00 km

□□□□: 19.21

Nordic Walking

□□□□: 119 □