



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

□□□□

Wall, Hans

□□□: 2:05:51

□□: Koronarsportverein Distel-Walker

□□: 6.20 km/h

□□: 1501

□□: 13.00 km

□□□□□□: 414

□□□□: 19.21

Nordic Walking

□□□□: 119 □