



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

□□□□

Polle, Reinhold

□□□: 2:19:43

□□: Hohe Ward Gazellen/TuS Hilstrup

□□: 7.73 km/h

□□: 2003

□□□□□□: 640

□□: 18.00 km

□□□□: 27.60

Walking

□□□□: 213 □