



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

□□□□

Bartels, Werner

□□□: 2:27:58

□□: Koronarsportverein Distel-Walker

□□: 7.30 km/h

□□: 2558

□□□□□□: 640

□□: 18.00 km

□□□□: 27.60

Walking

□□□□: 201 □